



MGM NEW BOMBAY COLLEGE OF NURSING

Kamothe, Navi Mumbai – 410 209

FIRST YEAR B.Sc Nursing

TIME TABLE FOR THE WEEK FROM 18.05.2020 to 23.05.20

Date 08.05.2020

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08.30 - 09.30 AM	Anatomy: Self study Muscles, movements (head,face,neck,back)	Anatomy: Self study Muscles, movements (limbs, thorax)	Anatomy: Self study Muscles(abdomen, pelvis, perineum)	Anatomy: Self study Nose, pharynx	Anatomy: Self study Larynx, trachea	Anatomy: Self study Bronchi, bronchioles, alveoli
09.30 - 10.30 AM	Physiology: Self study Immune response	Physiology: Self study Antigens,cytokines	Physiology: Self study Antibodies	Physiology: Self study Muscle movements & tones	Physiology: Self study Physiology of Muscle contraction	Physiology: Self study Physiology of respiration
10.30 - 11.30 PM	Nutrition: Self study RDA,sources: proteins	Nutrition: Self study Abnormality: proteins	Nutrition: Self study Energy, BMI	Nutrition: Self study BMR	Nutrition: Self study Vitamin classification	Nutrition: Self study RDA,Sources: vitamin
11.30 - 12.30 PM	Biochemistry: Self study Lipid classification	Biochemistry: Self study Cholesterol	Biochemistry: Self study Lipoproteins	Biochemistry: Self study Fatty acids	Biochemistry: Self study Tricylglycerols	Biochemistry: Self study Bile salts, bilirubin
12.30 - 01.30 PM	Lunch					
01.30 - 02.30 PM	Psychology: Self study Methods(psychology)	Psychology: Self study Theories (motivation)	Psychology: Self study Methods(psychology)	Psychology: Self study Motives, behavior	Psychology: Self study Self concept	Psychology: Self study Sensation
02.30 - 03.30 PM	Microbiology : Self study Staphylococci	Microbiology : Self study Streptococci	Micro: Self study Pseudomonas	Microbiology : Self study Tuberculosis	Microbiology: Self study Leprosy	Micro: Self study Spirochetes
03.30 - 04.30 PM	FON: Self study Discharge	FON: Self study Communication	FON: Self study Communication Methods, barriers	FON: Self study NPR	FON: Self study Vulnerable groups	FON: Self study Patient teaching

Note: The above includes Schedule of online teaching learning activities during National Lockdown for Pandemic of COVID -19

Online Class: Relevant Study material, PPT and structured worksheets will be uploaded on all subjects in the Google classroom as per the timetable. Students are instructed to download the material, complete and upload the worksheets on or before the deadline dates.

Online tests: All tests will be conducted online through Google classroom on the scheduled time. Students are instructed to be available online to complete the test and submit within the stipulated time.



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FIRST YEAR B.Sc Nursing

TIME TABLE FOR THE WEEK FROM 25.05.2020 to 30.05.20

Date 15.05.2020

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08.30 - 09.30 AM	Anatomy: Self study Lungs, pleura	Anatomy: Self study Mouth, tooth, tongue	Anatomy: Self study Salivary glands, esophagus	Anatomy: Self study Stomach, small intestine	Anatomy: Self study Large intestine, liver	Anatomy: Self study Biliary apparatus, Pancreas
09.30 - 10.30 AM	Physiology: Self study Pulmonary ventilation, volume	Physiology: Self study Respiration mechanics, regulations	Physiology: Self study Gas exchange: lungs, tissues, alveoli	Physiology: Self study Deglutition	Physiology: Self study Functions of alimentary tract	Physiology: Self study Urine formation
10.30 - 11.30 PM	Nutrition: Self study Abnormality: vitamin	Nutrition: Self study Minerals classification	Nutrition: Self study RDA, sources: mineral	Nutrition: Self study Abnormality: minerals	Nutrition: Self study Water	Nutrition: Self study Electrolyte
11.30 - 12.30 PM	Biochemistry: Self study Proteins classification	Biochemistry: Self study Amino acids	Biochemistry: Self study Enzymes, coenzyme	Biochemistry: Self study Vitamins	Biochemistry: Self study Rev: Minerals	Biochemistry: Self study Immunoglobulins
12.30 - 01.30 PM	Lunch					
01.30 - 02.30 PM	Psychology: Self study Types of perceptions	Psychology: Self study Conflicts	Psychology: Self study Errors in perception	Psychology: Self study Emotions	Psychology: Self study: Stress	Psychology: Self study: Sensation, perception
02.30 - 03.30 PM	Microbiology: Self study Rickettsiae	Microbiology: Self study Syphilis	Microbiology: Self study Fungi	Microbiology: Self study Immunity	Microbiology: Self study Antigen antibody	Microbiology: Self study Immunoprophylaxis
03.30 - 04.30 PM	FON: Self study Recording	FON: Self study Reporting	FON: Self study Temperature	FON: Self study Pulse	FON: Self study Respiration	FON: Self study Blood pressure

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