Aarambh MGMIHS organized a Badminton Doubles Tournament on 11th February 2024, under the Heartfulness Sports Premier League at SRCM Heartfulness Meditation Center, Panvel. Over 60 participants from various institutions, including MGMSBS, D.Y. Patil, Pillai College, and more, competed in the event. The tournament showcased sportsmanship, enthusiasm, and determination on the court. A meditation session was also held at the event's conclusion.