



MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING
5th Floor, MGM Educational Campus, Plot No. 1& 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Palliative Care Nursing
Value added course

Name of the Co-ordinator: Dr. Jyoti Chaudhari (Associate Professor)

Target Audience: 4th Year B.Sc. Nursing students

Venue: Virtual Mode

Dates: 23rd and 24th September 2021

Time : 9 to 5 pm

Duration: 16 hours

Day : 23rd and 24th September 2021

Date/time	Content	Resource person
Day 1	Pretest Introduction	Ms. Ferganzia Jubilson , Asst. Professor Dr. Jyoti Chaudhari, Associate Professor , MGMNBCON
09.00 am - 11.00 am	Introduction to palliative care- history, definition, indications, principles, difference between hospice care and palliative care	Dr. Mary Ann Mukaden, Professor , Department of Medicine , Tata Memorial Hospital
11.00 am- 01.00 pm	Ethical and legal issues at End of life - Ethical and legal issues - Ethical decisions - Advance directives - DNR(Do not Resuscitate)	Dr. Anuja Damani ,Associate Professor , Department of Palliative Medicine , Tata Memorial Hospital , Mumbai
01.00 pm- 02.00 pm	Lunch	
02.00 pm - 03.00 pm	Psychological, social and spiritual needs of End of Life patients and their families	Ms. Lucy Quadros, Nurse Coordinator , Department of Palliative Medicine, Tata Memorial Hospital

03.00 pm - 05.00 pm	Symptom Management in Palliative care Management- <ul style="list-style-type: none"> - Medical management, - Nursing management- Lucy - Alternate and complementary therapy 	Dr.Prarthana Jayaseelan, Senior Resident , Tata Memorial Hospital, Mumbai
Day 2		
09.00 am- 11.00 am	Symptom Management in Palliative care Management- <ul style="list-style-type: none"> - Pain Management- assessment, barriers, management 	Ms. Sivkamma Sundari, Asso. Professor, MGMNBCON, Kamothe
11.00 am- 12.00 pm	Specific nursing issues in palliative care	Ms. Rekha Kuchekar, Staff Nurse 'D' , Palliative Medicine OPD
12.00 pm - 01.00 pm	Activity on symptom management	Ms. Ferganzia Jublison , Assistant Professor , MGMNBCON
01.00 pm- 02.00 pm	Lunch	
02.00 pm- 03.15 pm	Loss, grief and bereavement <ul style="list-style-type: none"> - Interventions to facilitate normal grief - Enhancing coping with death and anxiety 	Ms. Jayanthi Iyengar, Counselor , Tata Memorial Hospital, Parel
03.15 pm- 04.15 pm	Therapeutic communication <ul style="list-style-type: none"> - Clinical communication with patients with advanced and progressive diseases - Protocol for breaking bad news 	Mr. Chandragupta Pavaskar, Volunteer Counselor, Department of Palliative Medicine, Tata Memorial Hospital, Parel
04.15 pm - 04.30 pm	Question answer session	
04.30 pm - 05.00 pm	Recapitulation Post test Concluding remarks	Student representative Ms. Ferganzia Jublison , Asst. professor