



MGM INSTITUTE OF HEALTH SCIENCES
(Deemed to be University) **Grade 'A' Accredited by NAAC**

MGM NEW BOMBAY COLLEGE OF NURSING

5th Floor, MGM Educational Campus, Plot No. 1 & 2, Sector-1
Kamothe, Navi Mumbai – 410 209.

Palliative Care Nursing
Value added course

Name of the Co-ordinator: Dr. Jyoti Chaudhari (Associate Professor)

Target Audience: 3rd Year B.Sc. and 1st Year Post Basic BSc. Nursing students

Venue: 3rd year BSc. Nursing Class

Dates: 2nd July to 13th August 2022

Time : 1.30 to 4.30 pm (Saturday only)

General Objective:

This course aims to provide nursing students with knowledge on various concepts regarding palliative care and develop skills in taking care of palliative patients.

Specific objectives

- Describe the various concepts of palliative care
- Communicate therapeutically with patient and families
- Identify common symptoms associated with end-of-life process and manage
- Explain roles of nurse in ethical decision making
- Enhance management of grief and loss by patient and family.

| Date/time | Content |
|------------------|---|
| 2.7.22 | Day 1 |
| 1.30-3.30 pm | Pretest Introduction to palliative care- history, definition, indications, principles, difference between hospice care and palliative care |
| 3.30-4.30 pm | Symptom Management in Palliative care Management- <ul style="list-style-type: none">- Medical management,- Nursing management- Alternate and complementary therapy |
| 9.7.22 | Day 2 |
| 1.30-2.30 pm | Symptom Management in Palliative care Management (continued) <ul style="list-style-type: none">- Medical management,- Nursing management- Alternate and complementary therapy |

| | |
|----------------|---|
| 2.30- 4.30 pm | Ethical and legal issues at End of life <ul style="list-style-type: none"> - Ethical and legal issues - Ethical decisions - Advance directives DNR (Do not Resuscitate) |
| 16.7.22 | Day 3 |
| 1.30- 3.30 pm | Symptom Management in Palliative care Management- Pain Management- assessment, barriers, management |
| 3.30- 4.30 pm | Specific nursing issues in palliative care |
| 23.7.22 | Day 4 |
| 1.30- 2.30 pm | Loss, grief and bereavement <ul style="list-style-type: none"> - Interventions to facilitate normal grief - Enhancing coping with death and anxiety |
| 3.30 4.30 pm | Psychological, social and spiritual needs of end of life patients and their families |
| 6.8.22 | Day 5 |
| 1.30-4.30 pm | Therapeutic communication <ul style="list-style-type: none"> - Clinical communication with patients with advanced and progressive diseases - Protocol for breaking bad news |
| 13.8.22 | Day 6 |
| 1.30-3.30 pm | Group activity discussion on symptom management, Recapitulation, posttest and feedback |

Note :

Maximum 25 Participants will be considered for the course on first come first served basis.

Course Evaluation: Pre-test Post test

Course Fee: Nil

Certificate will be issued to the candidate who has 100% attendance and scored at least 50% marks in post-test.

Registration Forms are available with Dr. Jyoti Chaudhari. Kindly submit the filled forms before 5 pm on 30th June 2022.